



# THE WATERWHEEL



Be a gift to the world

Chartered  
22<sup>nd</sup> February 1950

## ROTARY CLUB OF CRONULLA INC

ABN 54 366 416 123

Rotary International  
District 9675

President: Ray Moran, [president@cronullarotary.org.au](mailto:president@cronullarotary.org.au)

Secretary: Jim Cook, [secretary@cronullarotary.org.au](mailto:secretary@cronullarotary.org.au)

Club website: [www.cronullarotary.org.au](http://www.cronullarotary.org.au)

R. International President: K.R. Ravindran

District Governor: **Graham Wilson**

Postal address: PO Box 2125, Woolooware, 2230

Editor: David Simmons, [editor@cronullarotary.org.au](mailto:editor@cronullarotary.org.au)

Makeup website: [www.rotaryclubone.org](http://www.rotaryclubone.org)

Assistant Governor: Lyn Bates

## Dinner venue: Cronulla RSL Memorial Club 38 Gerrale St. Cronulla

Tuesday May 3, 2016 6.00 for 6.30 PM

### Club Roster

House committee:	Fred Williams
Fellowship/visitors:	All Members
Three Minute Talk:	N/A
Sergeant-at-Arms:	John Mar
Toast to Australia:	David Simmons
International toast:	Phil Wood
Grace:	Michael Dyson
Guest speaker:	Alex Nichols
Introduction:	Ken Warburton
Thanks:	Andrew Caulfield

### Club Program

03 MAY	ALEX NICHOLSSPINAL CORD INJURIES
10 MAY	BOARD MEETING
17 MAY	SOCIAL NIGHT
24 MAY	AFGHANISTAN STORIES – CRAIG BELL
31 MAY	ROTARY MATTERS – DIANNE NORTH
07 JUN	ENERGY EFFICIENCY- CAROLYN LEE

*Our Grace – “For good food, good fellowship and the opportunity to serve through Rotary, we give thanks.”*

## THIS WEEK

Our guest speaker on Tuesday May 3 will be Alex Nichols who will talk to us about spinal cord injuries.

## **LAST WEEK**

Our meeting on Tuesday April 26 was a combined meeting with Randwick and Maroubra Rotary Clubs to hear about the work of ROMAC from Dr. Peter Grant, a cardiothoracic surgeon from the Sydney Children's Hospital. Over recent years Dr Grant has performed lifesaving open heart operations on 10 ROMAC patients, aged from new born to 16 years, and coming from our Pacific Island nations of Solomon Islands, Indonesia, Tuvalu, Timor Leste and Vanuatu.



Peter spoke to us about the common heart surgeries he performs under ROMAC

- **PDA**

Patent ductus arteriosus (PDA) is a heart problem that occurs soon after birth in some babies. In PDA, abnormal blood flow occurs between two of the major arteries connected to the heart.

Before birth, the two major arteries—the aorta and the pulmonary artery are connected by a blood vessel called the ductus arteriosus. This vessel is an essential part of fetal blood circulation.

Within minutes or up to a few days after birth, the vessel is supposed to close as part of the normal changes occurring in the baby's circulation.

In some babies, however, the ductus arteriosus remains open (patent). This opening allows oxygen-rich blood from the aorta to mix with oxygen-poor blood from the pulmonary artery. This can put strain on the heart and increase blood pressure in the lung arteries.

- **VSD**

VSD is a hole in the wall separating the two lower chambers of the heart.

In normal development, the wall between the chambers closes before the fetus is born, so that by birth, oxygen-rich blood is kept from mixing with the oxygen-poor blood. When the hole does not close, it may cause higher pressure in the heart or reduced oxygen to the body.

Closing a large VSD by open-heart surgery usually is done in infancy or childhood even in patients with few symptoms, to prevent complications later. Usually a patch of fabric or pericardium (the normal lining around the outside of the heart) is sewn over the VSD to close it completely. Later this patch is covered by the normal heart lining tissue and becomes a permanent part of the heart. Some defects can be sewn closed without a patch

- COA

**Coarctation of the Aorta.** In this condition the aorta (the main artery that carries blood from the heart to the body) is narrowed or constricted.

In most children, the cause isn't known. Some children can have other heart defects along with coarctation.

Coarctation obstructs blood flow from the heart to the lower part of the body. Blood pressure increases above the constriction. The blood pressure is much higher than normal in the left pumping chamber (left ventricle) and the heart must work harder to pump blood through the constriction in the aorta. This can cause thickening (hypertrophy) and damage to the overworked heart muscle.

The coarctation obstruction can be relieved using surgery or catheterization.

- TGA

**Transposition of the great arteries.** The Aorta arises from the right ventricle and receives "blue" blood, whilst the Pulmonary Artery arises from the left ventricle. The baby becomes blue immediately after birth and needs urgent treatment.

Early surgery is essential and involves the "Arterial Switch Operation", which is carried out in the first week or two of life and corrects the abnormality. The small coronary arteries, which feed the heart muscle with blood, need to be transferred as well as the two Great Arteries (Aorta and Pulmonary Artery).



14 members, partners and guests attended the meeting

**NEXT WEEK**

**There will be no guest speaker on Tuesday May 10 and there will be a Board meeting immediately following the normal meeting.**

## **CLUB NEWS**

### **SECRETARY'S REPORT**

**1. The May board meeting will be on May 10**

**2. An article in a recent RDU Magazine should be a timely reminder to everyone to firstly make sure we retain our existing members and keep the club vibrant before altering the meeting & protocol to maybe attract young members to Rotary. Our club is moving along nicely, achieving a lot and waving the flag in the community so we just need to keep up the good work and hopefully attract some younger members.**

**3. We are under petticoat government again after the June changeover so get your house in order and be prepared for a another busy year.**

**Jim Cook**

### **INTERNATIONAL REPORT**

**A huge thank you to all our wonderful members who made the trek to Randwick Rotary last night for the ROMAC evening. Dr Peter Grant was awarded a Paul Harris Fellow in recognition of his significant contribution to the work of ROMAC. He is one of the many cardiac surgeons that operate on our ROMAC children giving them the chance to live wonderful lives .Our new AG Richard Woodburn received a ROMAC Lifetime Recognition award for his ten year service to ROMAC. It was lovely to catch up with our ROMAC Vanuatu contact Janet and also Dr Michael Plaister from the Children's Hospital who we work with at Randwick Children's Hospital. Our new patient will arrive from Timor in May for heart surgery.**

**Maria Moran**

### **DISTRICT ASSEMBLY**

**On behalf of District Governor-Elect, Stephen Humphreys I would like to invite you to attend the District Assembly on 7th May. This year it will be held at Greystanes High School in Beresford Road, Greystanes.**

**Please arrive around 8.30AM for a 9AM start. It will finish at 4PM.**

**Please invite all the members of your team for the upcoming year. Please encourage them all to attend. The District Assembly will give valuable information to all your Board members to help you all during the coming year.**

Any other interested members of your Rotary Club are also invited to attend. Your new members will learn more about Rotary which will help them gain confidence to take on future roles in your club.

Please advise me of all your club members who will be attending. I require this information before Wednesday 4th May for catering and planning purposes.

We are delighted to have Holroyd Rotary Club looking after the catering for the day so it is important to know the exact number of those coming. Also, please advise me of any special dietary requirements (eg. vegetarian, gluten free, food allergies).

Kindest regards

Di North

Assistant District Secretary

## COMMUNITY SERVICE

### ANZAC Day BBQ

It was a very early start for our team that volunteered to BBQ 650 Bacon and egg rolls for the hungry crowds who attended the Anzac dawn service in Cronulla. The team did such a great job. We had six young ones that did a sterling job and of course our Rotarians who work so hard until the job is done. The RSL were amazed at the response so it looks like we will have do it all again next year with double the amount of food!! We made approx. \$3500.00 for legacy on the day.

Thank you everyone,

Maria



Hard at work



Finished



## Sutherland Shire Mayoral Debutante Charity Ball



Office of the Mayor

21 April 2016

Ms Maria Moran  
President Elect  
Cronulla Rotary  
PO Box 2125  
WOOLOOWARE NSW 2230



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Dear Maria

**SAVE THE DATE SATURDAY 4 JUNE 2016**

### **40<sup>th</sup> Anniversary Sutherland Shire Mayoral Debutante Charity Ball**

I'd like to personally invite you to join me at the 2016 Sutherland Shire Mayoral Debutante Ball on Saturday 4 June at Sutherland Entertainment Centre.

The event is raising funds for Dandelion Support Network which collects, sorts and distributes nursery items for babies and children from families in crisis situations.

Tickets to the Ball are \$110 and for that you will enjoy a pre-dinner drink, three course meal, the presentation of our 2016 debutantes, and an evening of fabulous entertainment and dancing. I encourage you to buy a table of tickets (16 to 24 seats) to support this worthy cause.

The Mayoral Ball is steeped in tradition, with the emphasis on fundraising and celebrating the achievements of the young men and women involved. It is also a very enjoyable night. This year we have the Royal Australian Navy Band accompanying the formal proceedings followed by Tall Pop Syndrome playing the best of both retro and current party hits.

Your Ticket Order forms will be sent in the coming weeks, so in the meantime please rally your colleagues, family and friends, and get them excited about attending the Sutherland Shire Mayoral Debutante Charity Ball.

If you have any questions regarding the Ball please don't hesitate to contact Louisa Mawer on 9710 0554 or [lmawer@ssc.nsw.gov.au](mailto:lmawer@ssc.nsw.gov.au)

I thank you for your consideration of this request and look forward to seeing you at the Ball.

Yours sincerely

Cr Carmelo Pesce  
Mayor, Sutherland Shire

## **ROTARACT**

Phil Whyte attended the interest meeting of the proposed new Shire Rotaract Club on Tuesday April 26 Tradies Gynea. Attendance was lower than expected but a Board was formed.

A further interest and social get together meeting will be held in one month's time. The proposed Charter meeting for the club in September will now be delayed.

## **FELLOWSHIP**

### **Dream Lover – The Bobby Darin Musical**



David Campbell is set to return to the musical theatre stage for the lead role in the World Premiere production of *Dream Lover – The Bobby Darin Musical* at the Sydney Lyric Theatre in September 2016.

An extraordinary story that goes far beyond the song, *Dream Lover* reveals the amazing life of the legendary American singer, songwriter and actor. An intimate and epic story of an all-round entertainer adored by his fans, Bobby Darin, together with his movie star wife Sandra Dee, provided the iconic soundtrack to a generation.

Anyone interested in going on Friday October 7 are asked to contact Carmen or Maria ASAP as the tickets are selling fast. The prices are: Stalls \$135, Dress Circle \$95 – 135, Grand Circle \$99.

## **HOUSE KEEPING**

Somewhere along the way of the many BBQ's of late

Somewhere we have 4 blue aprons hiding at someone's house.

Somehow can you bring them along to the next meeting.

Thank you for your support

*Heather Newbould*

## ROTARY INFORMATION

“THANKS TO POLIOPLUS, in the words of Past RI President Kalyan Banerjee, “the world discovered Rotary and Rotarians discovered themselves.” The impact of Rotarians, all working towards a common purpose, cannot be emphasized. Because of this worldwide focus, Polio is ever so close to being eradicated, and to date in 2016 we’ve only seen only 9 cases.

NEW GRANT MODEL introduced in 2013 simplified and focused on sustainability of Rotary-funded projects. Some 90% of the nearly 6,000 respondents support the model. Grants and funding of grants continue to increase. The Trustees are evaluating the model to make absolutely sure we are satisfying clubs and districts in making a greater impact.

PREPARING FOR FOUNDATION’S CENTENNIAL, marking Rotary’s 100 years of doing good in the world. It kicks off at the 2016 Seoul Convention and culminates at the 2017 Atlanta Convention. Through the centennial, Rotarians will better understand what can be achieved by supporting and using Foundation resources and public will know the impact our clubs and members make in communities across the globe.

The third strategic priority – enhancing public image and awareness.

WORLD POLIO DAY 2015, we engaged clubs and polio champions. This resulted in reaching 145 million through content shared on social media by clubs, districts, RI, End Polio celebrities and other partner organizations.

Rotarian Access to Rotary’s BRAND CENTER. The tools help maintain a clear, cohesive message about what Rotary is, what we do, and why it is important. Branding efforts to align Rotaract and Interact club identities with Rotary’s global brand was enhanced.

“GET CONNECTED”. Tools such as Rotary Showcase help you tell your club’s story and share the impact of your projects. Other products like Rotary Ideas and Discussion Groups are enhancing the Rotary experience.

Until recently, Rotary has positioned itself as a humanitarian organization, focusing less on the importance of membership.





However, we know that what makes Rotary special is in the “and”— we are a membership AND service organization. Our essence statement is only realized when we bring together leaders to exchange ideas and take action leaving a lasting impact in communities around the world.

*The above is a report from RI Director Guiller E Tumangan and Rotary Leaders of Zones 7A, 7B and 8*

## **THOUGHT OF THE WEEK**

“I love growing older. What you lose in looks you gain in wisdom”.

## **REMINDERS**

District Assembly Greystanes High School, 9am - 4pm, 7<sup>th</sup> May 2016.

UTTW Woolooware High School May 25 and Cronulla High School June 8, 2016

Club Changeover meeting – June 21, 2016

Ronald MacDonald House dinner (cooking for the residents)-22<sup>nd</sup> November 2016.

## **BIRTHDAYS & ANNIVERSARIES**

Birthday: Jim Cook May 29.

## **Club Service**

**Important – Apologies:**A REMINDER: All apologies or extra numbers must be called in to Ray Moran regardless!! No one else is to contact RSLCronulla regarding the numbers. Please ring on his mobile 0414 956 953 or his work 9524 2218 and REPLY ‘YES ‘OR ‘NOT’.

[ray@trendtyrepower.com.au](mailto:ray@trendtyrepower.com.au)

- Thank you

## CRONULLA ROTARY MEETING CALENDAR 2015-2016

### APRIL

TBA April Chapel Night Sutherland Hospital

5 April Meeting Cronulla RSL

12 April Meeting - Board Meeting Cronulla RSL

17 April Bunnings BBQ

**Taren Point**

19 April Social TBA

25 April (Mon) ANZAC DAY Cronulla

26 April Meeting Randwick Rotary Club

28 April Meeting Cronulla RSL

### MAY

31 Apr

1st 8 May (Sat-Sun) Relay for Life Sylvania Oval

3 May Meeting Cronulla RSL

7 May District Assembly

9 May MUNA Wollongong

TBC May RYPEN

10 May Meeting - Board Meeting Cronulla RSL

17 May Social TBA

24 May Meeting Cronulla RSL

25 May UTTWheel Woollooware High

31 May Meeting Cronulla RSL

29 May Red Shield Appeal Caringbah High School

### JUNE

7 June Meeting Cronulla RSL

8 June UTTWheel Cronulla High

14 June Meeting - Board Meeting Cronulla RSL

21 June Change over night Tackle Shack

28 June Meeting Cronulla RSL